

# THE HONEST TOUN NURSERY

# Welcome to the Honest Toun Nursery



## Our Nursery

The Honest Toun Nursery is conveniently situated in the Stoneybank area of Musselburgh. With excellent links to the A1 city bypass and the Musselburgh train station we are ideally placed for commuters. Our nursery is also close to Queen Margaret University, making it an excellent option for students and staff seeking childcare services. Housed in a former retail unit, our nursery is beautifully designed and finished to an exceptionally high standard creating a warm and homely atmosphere.

Our nursery has spacious, bright areas dedicated to each stage of development from 3 months to 5 years of age. We provide childcare from 8am - 6pm, and are open all year round except for Christmas and New Year. Our nursery is easily accessible for disabled people and we have our own large car park, providing easy drop off and collection for you and your family.

## Our Childcare Approach

Our nursery provides stimulating and inspiring childcare aiming to encourage the development of children through play, interaction, creativity and physical activity in a warm and nurturing environment.

We are passionate about quality Early Years Care and Education and recognise the importance of each child's self-development. We believe that children learn through play, example, interaction and teaching. These four concepts form the core of our ethos and we strive to expand your child's development through these methods.

We aim to help every child in every aspect of their growth and we achieve this through praise, guidance and encouragement. Children are encouraged to develop manners, learn to be kind, share, and respect others, as well as being stimulated creatively and mentally through our child led activities. Our child led activities allow our children to flourish into independent and confident individuals. Above all, we strive to provide a secure and friendly environment which will make you completely relaxed and at ease when leaving your child.

# Our Aims & Objectives



To provide a safe and stimulating atmosphere that encourages each child's development.



To develop every child's healthy self-image through play, guidance, support and encouragement.



To encourage children to develop respect, learn to share, learn to be kind to others and develop good manners.



To encourage children's interest in learning through promoting their desire to learn and experiment in an active learning environment.



To work in partnership with parents and carers. To update parents regularly with information about their child's development and the nursery, through newsletters, parents evenings, focus groups and development records.



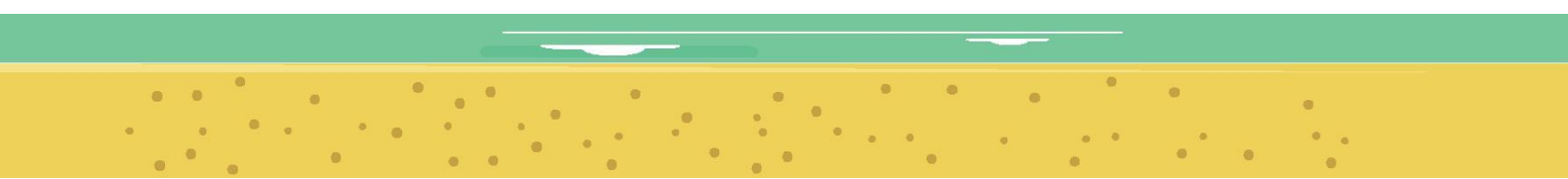
To constantly train our staff through our in-house training company, BNG Training, and through local authority courses, aiming to increase and extend the skills and knowledge our staff currently possess.



To continue to liaise with local schools and members of the local community, allowing us to share good practice.



To continue to monitor, self-evaluate and improve our service to ensure our children and parents are getting the highest quality standard of care.



# Starting at nursery

We provide complimentary settling in sessions which give you and your child time to get familiar with our nursery. Once your child starts with us, they will be assigned a designated key worker. Your child's key worker will be responsible for monitoring your child's development and will be your first point of contact at nursery. Your child's key worker will always be available to discuss your child's progress.



## Settling in Sessions



Your child will be settled into our nursery gradually; firstly spending one hour, building up to a half-day session and then staying for lunch. This phasing in allows your child to become familiar with our nursery surroundings and staff. These settling in sessions usually last a week, but this is dependent on each individual child. We understand that every child is different and our aim is to make these sessions as flexible and comforting as possible to guarantee that both you and your child are well adjusted to our surroundings. Parent visits are encouraged, so please feel free to do drop in any time to see how your child is doing, even if they are no longer in their settling in phase.

*“Excellent start to my daughter’s childcare as a baby, she bonded very well with the staff and I fully trusted them with her once going back to work after maternity leave. They cared and made her feel very at home, she really thrived there as she grew with lots of learning and activities, plus she made great friendships along the way.”*

*- Honest Toun Parent*

## Our Rooms

Our playrooms are generously proportioned, carefully planned and extensively resourced to create inspiring learning environments in which children can grow and learn with confidence. Each playroom has access to outdoor play areas, offering the opportunity for regular outdoor learning opportunities across all areas of the curriculum. A set of development records are held for each child in the nursery and on our E-Learning Journals. These are available for viewing at all times and are updated with pictures and observations made on your child's progress. Access to your child's records are available 24 hours a day so you don't miss out on anything and strict confidentiality is maintained at all times.

## Buttercups (0-2 years)

Our Buttercups Room is registered for up to 27 children from 12 weeks to 2 years of age. We have highly experienced staff whose priority is to mirror the home routine of each baby as closely as possible. We are now an all-inclusive nursery, meaning we provide nappies, wipes and cow's milk in our fees. We do ask that you provide your own formula if required. Our baby room is a comforting, spacious area with a quiet and secure sleeping area where babies can go to sleep. Our staff take our babies out for walks every day to ensure that they get as much fresh air as possible. We provide a variety of stimulating activities in order to promote your baby's all-round development. We are a breast feeding friendly nursery, with staff trained in breast milk storage and we encourage and welcome you to visit during the day to feed your child whenever necessary.



## Room Ratios

Age	0-2 years	2-3 years	3-5 years
Staff Ratio	1:3	1:5	1:8

\*Minimum number of staff to children – in accordance with current Care Inspectorate regulations.

## Daisies (2-3 years)



We always discuss the transition process with you before any room changes happen but children usually move to our Daisies Room once they turn 2 years old. Our Toddler Room provides a structured day with a much greater choice of learning opportunities including arts and crafts, construction activities, table top games and much more. Messy play allows children to express their creativity, encourages children to explore and develop their senses, and can even help

develop language skills. We will also introduce early numeracy and literacy skills and activities designed to develop your child's communication skills. Our aim in this room is to expand your child's independence, ready for their transition to our 3-5's Room.

## Sunflowers (3-5 years)

The Honest Toun Nursery is recognised as an Early Learning and Childcare Centre by the Education Department. We believe your child's development between the ages of 3 to 5 years is crucial in forming your child's core development. Your child will progress to the 3-5's Room when they are ready. We pride ourselves on ensuring that when children leave our nursery to move on to school they do so confidently and independently, whilst taking with them the enjoyment of learning and a pride in their achievements. We strive for your child have the following skills when leaving the nursery: recognising and writing their own name, demonstrating good observational skills, showing preliminary ready skills, able to confidently control a pencil, showing creative skills and knowledge of numbers.



## Outdoor Play

We love to get outside at The Honest Toun! We have two separate outdoor play areas, one for our babies and one for 2-5 year olds. These areas provide all our children with opportunities to get fresh air and have fun in a safe and secure environment. Our outdoor areas are well resourced with quality outdoor toys and equipment, suited for all ages.

As well as access to our fabulous outdoor play areas, children of all ages enjoy regular walks in the local area. Our youngest children are often seen out in our double buggies enjoying the fresh air, sights and sounds of the local community. We use Walkodile Child Safety Systems and high visibility vests to keep children safe when out on trips away from the nursery.



## Our Team

The nursery staff team comprises of a blend of mature, experienced and professionally qualified nursery practitioners and trainees working towards their qualifications. All staff are skilled in expertly guiding your child through the wonders of learning whilst playing. Our staff are dedicated to treating your child with patience, affection, enthusiasm and understanding. All staff participate in ongoing training to constantly progress their own skills and abilities. We are also a proud placement provider to students at Edinburgh College.

### Our Manager

Our Nursery Manager, Kathryn Thomson, has a professional qualification in childcare and over 11 years of experience working with children of all ages. The manager and staff team ensure they provide a secure family environment where you can feel relaxed and confident in the knowledge that your child is being cared for by dedicated staff in a safe environment.”



## Our Menu

Our nutritionally balanced menus ensure our children are raring to go every day! Children are offered a range of delicious, nutritious meals and snacks. Our wholesome and nourishing menus are expertly designed to give your little one the very best start in life.



The meals we provide are all home-cooked within our nursery by our experienced, on site nursery chef. Our chef has carefully created a 4 week rolling menu and ensures a healthy well balanced diet for all children. Whenever possible we source all our food locally and organically, including seasonal vegetables and fruit. We believe that providing our children with nutritional food bursting with fresh fruit and vegetables is a necessity in each child's physical and mental well-being.

*All of our delicious food is included within our fees. We offer a breakfast, morning snack, lunch and an afternoon snack! We also provide a dinner for our 0-2 year olds!*

## Dietary Requierments

Our menus change every 4 weeks, in line with the availability of seasonal produce. We have a flexible approach and are happy to cater for a range of special dietary, medical, religious or cultural requirements.

We ask our parents to bring in formula milk for babies, in accordance with current guidelines. These will be made up as required and stored safely in accordance with manufacturer's suggestions. Our staff have all been fully trained in Food Hygiene and are passionate about teaching children the importance of good hygiene too. We promote washing hands before and after meals and snacks and encourage children to help serve their own food and clean their teeth after meals.

Above all, we believe that meal times should be a happy, relaxed time where children learn social skills, manners, good hygiene practise and healthy eating habits to last them a lifetime.

*Please ask our manager for a sample copy of our delicious 4 week rolling menu!*





# Environmental Commitment

We are committed to being an environmentally friendly nursery, making changes wherever we can in order to make the world a cleaner place! We are a registered ECO-Nursery and are committed to teaching our children about their environment and the effect we have on it in our day to day lives. Our children are passionate recyclers and love nothing more than an afternoon caring for their garden. We always consider environmental implication when planning activities for our children. We will continue in our green approach to develop strong environmental awareness within our children, helping their little green fingers to care for the world for many years!



# Awards & Accolades

Our passionate commitment to being a leading independent provider of Early Years Care and Education, providing quality standards has led us to being the proud recipients of many impressive awards, including:

- NMT Nursery Group Award 2018
- Daynurseries.co.uk 'Top 20 Large Nursery Group In the UK' Award 2018
- Nursery Chain of the Year, Nursery World Awards 2013
- Recognised Investors In Young People Organisation
- NDNA Member (National Day Nurseries Association)
- Edinburgh College Placement Provider
- Healthy Schools Stage 1
- Eco-School Award - Silver



## Sessions & Fees

Our nursery is open from 8am - 6pm and cares for children from 12 weeks old to 5 years of age. Full/Part time sessions available and 2 - 5 year old funding available. We cater for shift work patterns also, please contact us for further information.

## What's Included?

- Quality Early Years Care and Education
- Quality resources and equipment
- Freshly made, healthy meals and snacks
- Celebration of festivals throughout the year
- Regular outings in the local area
- E-Learning Journals & Interactive Tablets
- Delivery Acceptance
- Nursery Teacher
- Nappies, wipes & cow's milk
- Caterpillar Music
- Swimming Lessons

## Extras & Discounts

- Sibling discount 5-10%\*
- Emergency Services/Military staff discount 10%\*
- QMU staff & students discount 10%\*






## Keeping in touch

In recognition that education begins in the home, we are fully committed to a partnership approach with parents. The needs of each child are discussed in full, prior to admission and on an ongoing basis. We are keen to keep parents as involved as possible during their child's time in nursery. Each day's activities are tracked to ensure that parents are encouraged to discuss their child's day with their key worker and individual records are available at all times for parents to view.

## Social Media

We use social media to keep our parents up to date with upcoming events and offers available. We also believe it is a great and convenient way for us to receive your feedback and suggestions.

-  @thehonesttounnursery
-  @BertramNG
-  @thebertramnurserygroup

## The Care Inspectorate

We are regulated by The Care Inspectorate and by Environmental Health Services to help us maintain the highest possible standards within our nursery. Should you wish for any further information please do not hesitate to contact them on 0845 600 9527.



We are proud of our regulatory reports and these are available for you to view within our nursery and on our website.

## Visit Us!

If you haven't already done so, we recommend that you come for a unique viewing of our nursery to see all of our fantastic facilities for yourself! We can arrange a personal showround during any weekday, and will be as flexible as we can to fit around your family's needs.

If you would like to book your nursery visit or require more information please contact us on 0131 665 5353 (select option 2) or email [enquiries@bertramuk.com](mailto:enquiries@bertramuk.com)

A blue rectangular banner with a white border, featuring the text "Thank you!" in a white, playful, rounded font. The banner is mounted on a wooden post and is set against a background of a yellow sandcastle on a green lawn.

Thank you!

# THE HONEST TOUN NURSERY

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